



OFFICIAL TECHNICAL GUIDE

APRIL 12 - 14, 2024

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TABLE OF CONTENTS

WELCOME	3
HISTORY OF NEWPORT NEWS	4
EVENT STAFF	5
EVENT OVERVIEW	6
SAFESPORT	7
ENTRY	8
REGISTRATION	9
RIDER IDENTIFICATION	10
OMNIUM	11-12
WINNER JERSEY	13
FIXED GEAR TECHNICAL INFO	14
SCHEDULE OF EVENTS	15
INDIVIDUAL EVENT INFO	16-28
EVENT PAYOUT DISTRIBUTION	29-30
HOST HOTELS & POINTS OF INTEREST	31-32
MAP	33
SAFESPORT RESOURCES	34-36
SPONSORS	37

WELCOME

The Tour of Newport News was created in 2022 out of the desire to bring a regional level event to the city we are proud to call home. What started as a single criterium in downtown Newport News in its first year, then grew to a 3-day, 4-event Omnium in its second year. With over 1200 registrations in 2023, the event had become the largest bicycle race in Virginia by participation in only its second year. Now going into its third year in 2024, the Tour of Newport News has grown to be a nationally recognized event that draws both amateur and professional riders from all over the country. This year's edition is on track to make the Tour of Newport News one of largest events on the East Coast. To all of the racers both past and present who have participated in the event, we at THR Cycling, the City of Newport News, York County, and the Fort Eustis Fitness Center thank you for your support. Your enthusiasm to race bikes is what drives us to continually expand and improve the Tour of Newport News. To all of our sponsors and partners, thank you for believing in this event and recognizing its potential. Without your financial support none of this would be possible. To follow along as we prepare to bring you this year's edition you can find daily updates and content on our Instagram ([tour_of_newport_news](#)) and Facebook (Tour of Newport News) pages.

PROMOTING ORGANIZATION

THR Cycling Club is a 501(c)(3), USA Cycling registered cycling club and race promotion company based in the Hampton Roads area of Virginia. Started in 1983, Team Hampton Roads has existed in some form or another for over 40 years. The club saw a resurgence in 2017 as it began to turn its focus to attracting more riders who had never raced before to sanctioned events. Today, THR Cycling Club has over 80 members throughout the country. In addition to being a racing club, THR also promotes 10 events per year throughout Virginia. Our current race portfolio includes Langley Speedway Criterium, Bryan Park Criterium, Tour of Newport News, Hampton Criterium, NNCX, Pedal Therapy CX, and I Ride 4 David CX. We are proud to be able to bring you these events and we appreciate your continued support as we are always looking to expand the number of races we promote.

CONTACT INFORMATION

Phone: 757-660-2117

Email: teamhamptonroads@gmail.com

Registration Page: www.bikereg.com/tour-of-newport-news





A BRIEF HISTORY OF NEWPORT NEWS, VA

The history of Newport News dates back to 1607 with the arrival of Capt. Christopher Newport and his crew. Originally known as “Newport’s News,” the earliest settlements were on Mulberry Island and along the Warwick River. Despite its early significance, Warwick County, as it became known, remained a rural backwater until the Civil War brought conflict to its door.

During the Civil War, Newport News became a focal point of the Peninsula Campaign, with federal forces establishing Camp Butler and Confederate defenses stalling Union advances. Post-war, the arrival of rail service, spearheaded by entrepreneur Collis P. Huntington, heralded a new era of growth. The completion of the Chesapeake & Ohio Railway opened access to coal mines and facilitated the development of a thriving community.

Huntington’s vision laid the foundation for the transformation of Newport News into a bustling city. Newport News Shipbuilding & Drydock Co., established in 1886, became a cornerstone of the local economy, constructing vessels for the U.S. Navy and driving urban expansion. Newport News officially incorporated as a city in 1891, experiencing rapid growth through annexation and industrial development.

The city played a significant role in World War I, with the shipyard contributing to the war effort and the establishment of military installations. The post-war era saw economic fluctuations, but World War II reignited prosperity, bringing a surge of activity to the region.

In the aftermath of World War II, suburbanization reshaped the landscape, leading to political consolidation efforts. Despite initial resistance, Newport News and Warwick County merged in 1952, forming the third-largest city in Virginia.

Today, Newport News remains a vibrant hub of industry. The shipyard, a division of Huntington Ingalls Industries, continues to build nuclear aircraft carriers and submarines. Coal continues to arrive at the port by train for export. The economy is powered not only by industrial might but the vast military infrastructure of Hampton Roads and an ever-increasing business sector, including the renowned Thomas Jefferson National Accelerator Facility.

The city boasts Christopher Newport University, acclaimed museums, cultural resources, and the impressive 7,700-acre Newport News Park. Newport News is truly a city built on breakthroughs!

EVENT STAFF AND USA CYCLING OFFICIALS

THR Cycling Club

Race Director/Founder: Graham Costa
Assistant Race Director: Brian Reeves
Volunteer Coordinator: Carrie Mokry
Marketing Directors: Graham Costa, Jonathan Franco
Announcers: Frankie Andreu, Joe Jefferson
Podium Manager: Brian Reeves
Registration Manager: Brian Mokry
Prize Payout: Grant Costa
Kid's Race Coordinator: Bike Norfolk

City of Newport News

Superintendent of Special Events: Shelly Ezzano
Supervisor of Special Events: Ryan Gregory
Marketing Coordinator: Marquise Johnson

York County

Recreation Supervisor I: Taylor Sherrill
Sheriff's Office: Jeff Kerr

Fort Eustis

Fitness & Sports Director: Brandon Halberg

Officials

Chief Referee: Avanel Scales
Chief Judge: Jared Ferber
Moto/Assistant Referee: Bill Nagle
Moto/Assistant Referee: John Hughes
Assistant Judge: Mary Hughes
Assistant Judge: Parker Mokry
Assistant Judge: Andrew Winch

Timing and Omnium Results:

Mainsport Event Timing and Management

Event

Photographers/Videographers:

Scott Paul, David Williams

Technical Support Partners:

Trek Bicycles Newport News, Jimmy's Mobile Bike Repair, East Coast Bicycles, Village Bicycles

Fixed Gear Technical Consultant:

George Qadado

Event ABC Partners:

Coastal Fermentory



EVENT OVERVIEW

CRAWFORD ROAD TIME TRIAL

SATURDAY APRIL 13

Crawford Road Time Trial p/b
Hylton Builders
Yorktown, VA

FT. EUSTIS CIRCUIT RACE

SUNDAY APRIL 14

Fort Eustis Circuit Race p/b The Fort
Eustis Fitness Center
Fort Eustis, VA

NEWPORT NEWS TWILIGHT CRITERIUM

SATURDAY APRIL 13

Newport News Twilight Criterium p/b
The City of NN and THR Cycling
Newport News, VA

FRIDAY NIGHT STREET SPRINTS

FRIDAY APRIL 12

Street Sprints on 23rd St p/b
Dawkins Financial
Newport News, VA

Introduction

USA Cycling is committed to creating a safe and positive environment for its participants' physical, emotional, and social development and to ensuring it promotes an environment free from misconduct and abuse. To achieve this, USA Cycling's Safe Sport Program went into effect in January 2014. Today, the Program consists of three core components: (1) Education, (2) Policies (including Background Checks), and (3) Response and Resolution. In 2017, the U.S. Center for SafeSport ("The Center") was launched and it has exclusive jurisdiction over sexual misconduct matters and may exercise discretionary jurisdiction over other misconduct. The Center also promulgates rules and policies around training requirements and misconduct. USA Cycling works closely with The Center to educate our membership, create policies that protect our members from misconduct and abuse and respond to and resolve allegations of misconduct when they arise.

Education

Education is a key component of any abuse and misconduct prevention strategy. USA Cycling encourages all members to complete The Center's "SafeSport Trained" education and training program. USA Cycling requires members who have been authorized, appointed or approved to have regular contact with or authority over athletes to take SafeSport Trained. In addition, pursuant to The Center's Education and Training Policy, USA Cycling requires adults at our Local Associations and with our Clubs who have regular contact with or authority over minor athletes to take SafeSport Trained. Those individuals required to complete SafeSport Trained must take the Core Training ("SafeSport Trained") once followed by the Refresher Training every year thereafter. USA Cycling also provides regular communications regarding available SafeSport education opportunities to its members.

Policies

Following The Center's launch in 2017, USA Cycling amended its Safe Sport Program policies. The necessary changes have been made and The Center continues to release updated policy standards, which USA Cycling complies with. The Safe Sport Program is currently made up of the following policies:

- [Minor Athlete Abuse Prevention Policy \(MAAPP\)](#).
- [Prohibited Conduct](#)
- [Reporting, Response & Resolution Policy](#)
- [Safe Sport Education Policy](#)
- [Background Check Policy](#)
- [Code of Conduct](#)
- [Policy III - Administrative Grievances](#)

Response and Resolution

USA Cycling encourages everyone to report suspected misconduct, while some members are explicitly required to report misconduct. Multiple avenues for reporting suspected SafeSport violations are available, including anonymous and confidential options. Policy III – Grievances outlines the process that is followed when a SafeSport allegation within USA Cycling's jurisdiction is received by USA Cycling. Please see the section labeled "16. SAFESPORT RESOURCES" for the graphic that illustrates the process.

Tour of Newport News and SAFESPORT

The Tour of Newport News follows all required SAFESPORT and USA Cycling rules and policies. USA Cycling's Minor Athlete Abuse Prevention Policy (MAAPP) are in effect at this event. Please report any violation or concern using the resources listed in this technical guide or using the SAFESPORT signage posted in high traffic areas around the event. Bathrooms will be routinely monitored throughout each event. All participants and volunteers will be required to follow SAFESPORT code and will be checked against USAC Disciplinary Records prior to and during the event.

ENTRY

Eligibility

Riders may only race in the category as stated on their USA Cycling or UCI-affiliated Federation license. The Standard USA Cycling Event Waiver must be signed by all riders. Minors must also have a parent or legal guardian sign the waiver. In addition to the USA Cycling Event Waiver, all riders will also sign a COVID-19 Waiver. Those participating in the Fort Eustis Circuit Race will sign the Fort Eustis Fitness Programs Release from Liability Waiver.

Fort Eustis Circuit Race Background Check

Riders participating in the Fort Eustis Circuit Race must undergo a background check for entry onto the active-duty military base. Riders must be able to pass this background check to be able to participate in Sunday's event. Both US Citizens and Foreign Nationals are eligible to participate in the Fort Eustis Circuit Race upon approval for access. Riders who already possess a Common Access Card issued by the Department of Defense are already cleared for entry onto Fort Eustis. If you are unsure if your current DoD issued badge will grant you access, please assume it will not and complete the background check information request so that we can guarantee we will not have any access issues on race day.

During the registration process the following information is required from all participants and spectators who wish to access Fort Eustis: Name (Last, First MI), Date of Birth, Country of Birth, Driver's License Number, and the state the drivers license was issued in. For participants and spectators that do not have a federally issued ID under 18 years of age, they can be escorted on by a parent/guardian that has gone through the background check process.

This background check process can take up to 2 weeks for US Citizens and potentially longer for Foreign Nationals. We recommend registering as early as possible to guarantee entry into the omnium and circuit race.

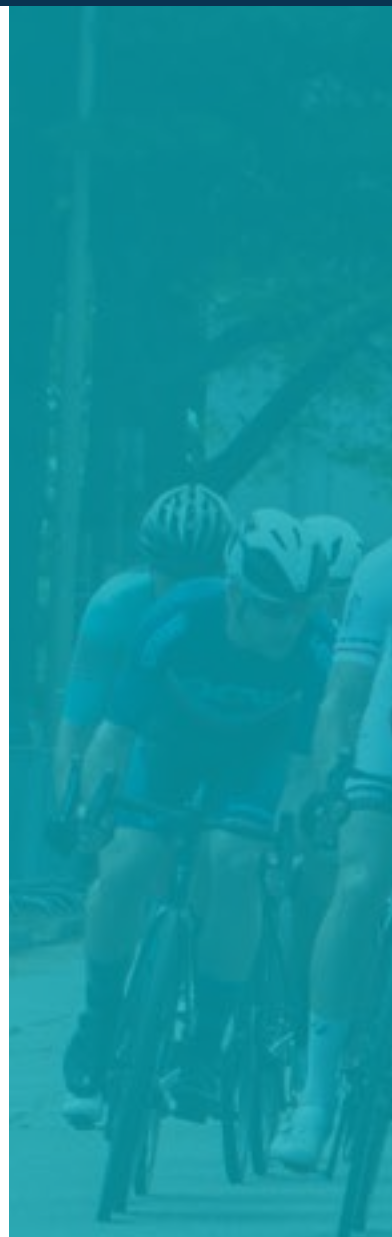
Online Registration

Online registration is available on Bikereg.com. This event has a few different registration deadlines depending on the event. The Tour of Newport News Omnium and the Fort Eustis Circuit Race have registration deadlines 2 weeks before the race on Sunday, March 31st at Midnight. This 2-week deadline is to ensure that all riders signing up for the Fort Eustis Circuit Race have adequate time to undergo the required background check for base access. The second registration deadline is Thursday, April 11, 2024 at noon. Online registration for the Street Sprints, Crawford Road Time Trial, and the Newport News Twilight Criterium closes on that date.

When registration closes for the omnium and circuit race, a waitlist will be opened for those who missed the deadline. Riders who sign up on this waitlist are not guaranteed entry to the circuit race. The Fort Eustis Pass Office will attempt to complete your background check as quickly as possible but it is not assured. The deadline to be moved off of the waitlist is Thursday, April 11, 2024 at noon. If approved for base access before this deadline, you will be notified, your payment method on file will be charged, and you will be moved into the category you selected. If you are not moved off of the waitlist, you will not be charged for the event.

Day-of Registration

Day-of registration is available for the Newport News Twilight Criterium and the Fort Eustis Circuit Race, if a participant already has base access. Please arrive at least 30 minutes prior to your events scheduled time. Before attempting to sign up same day, please check to ensure that your category is not already full on the online registration page. There will be no day-of registration for categories that are already at maximum capacity. The day of registration fee for the Criterium and Circuit Race is \$45 and is payable by cash, check, or PayPal.



Race Day Check-In

All participants are required to check in at the registration table before each event even if they are pre-registered. Please have your USA Cycling license ready to present if asked and please ensure that your license is current. Please check-in at least 30 minutes before your events scheduled start time so that start lists can be prepared for the officials and timing company. Failure to do so could result in a DNS for the event. If for whatever reason you decide not to race or cannot race after checking in, please notify the volunteers at the registration table so that they can mark you as DNS.

Entry Fees

Discounted pre-registration entry incentives are offered for this event. Please see the chart below for the breakdown of when and by how much prices increase as it gets closer to the event. A \$20 discounted second race entry is available for the Newport News Twilight Criterium and the Fort Eustis Circuit Race. If the discount does not apply automatically when registering online, please contact the promoter through the bikereg page for a discount code. All entry fees include the mandatory USA Cycling daily rider surcharge.

Event	thru 1/31	2/1 to 3/24	3/24 to 4/11	Race Day
Omnium	\$110	\$125	\$140	N/A
Street Sprints on 23 rd St	\$20	\$20	\$20	N/A
Crawford Road Time Trial	\$30	\$35	\$40	N/A
Newport News Twilight Criterium	\$35	\$40	\$45	\$45
Fort Eustis Circuit Race	\$35	\$40	\$45	\$45

Refunds

Because of the early registration deadline for the both the Tour of Newport News Omnium and the Fort Eustis Circuit Race we will be offering full refunds for those that cannot make the event for a qualifying reason. Qualifying reasons include: medical emergencies for you or someone in your care, a COVID positive or COVID exposure, transportation issues, and personal injury prior to the event which makes your participation not possible. Non-Qualifying reasons include adverse weather (rain and wind that is not severe enough to cause cancellation of the event by the USA Cycling officials. The deadline for refund requests is Monday, April 8th, 2024 at noon.

If an event needs to be cancelled on race day, partial refunds will be issued. This amount will be your entry fee minus any expenses already owed by the event. USA Cycling officials make the decision on whether or not to cancel an event for safety reasons due to sever inclement weather

Category Waitlist

Due to the growing popularity of the event some categories are expected to fill up before online registration closes. Upon filling, a waitlist will be opened for that category. Riders who sign up on a waitlist will not be charged at the time of registration. The deadline to be moved from a waitlist for any of the events is Thursday, April 11th, 2024 at noon. If a category has an opening, riders will be moved off of the waitlist in the order in which they signed up. When being moved off of a waitlist you will be notified, your payment method on file will be charged, and you will be moved into the category you selected. If you are not moved off of the waitlist, you will not be charged for the event.

RIDER IDENTIFICATION

Bib Numbers

Bib numbers are to be picked up at registration at least 30 minutes before your scheduled categories start time. Two Cutaway fabric bib numbers will be issued per rider according to the category entered. You will use these numbers for every event of the Tour of Newport News, so please do not lose them.

Riders are required to wear only one of these numbers for the Street Sprints on 3rd St and the Crawford Road Time Trial. Numbers will be worn on the right side for both of those events. Both numbers are required to be worn on each side of the body for the Newport News Twilight Criterium and the Fort Eustis Circuit Race.

Bib Number Placement

Numbers are to be placed on the body in "USA Criterium style", meaning on the side of the rider so that it can be recognized by the timing cameras and USA Cycling officials. Safety pins will be provided at registration for riders to securely attach their bib numbers. Please see the picture below for correct number placement. If your number cannot be read because it is placed incorrectly or it is obscured by hair, vests, or other coverings then there is the potential you cannot be scored.

Bib Number Allocation

Category	Range
Men's P/1/2	1-80
Men's Masters 65+	81-99
Men's Masters 35+	100-129
Fixed Gear Open	130-169
Women's Cat 4/5	170-199
Women's P/1/2/3	200-249
Men's Masters 45+	250-299
Men's Masters 55+	300-349
Men's Military Cat 4/5	350-399
Men's Cat 4/5	400-499
Men's Cat 3/4	500-599
Men's Cat 2/3	600-699
Fixed Gear Women's	700-719
Women's Masters 35+	720-739
Para	740-759
Kid's Fun Race	760-799



OMNIUM

Omnium Overview

The Tour of Newport News is a 3-day, 4-event omnium where the individual events count towards an overall general classification. Riders may compete in all four events, only one event, or some combination of events within the Tour of Newport News. The individual events of the Tour of Newport News are Street Sprints on 23rd ST, the Crawford Road Time Trial, the Newport News Twilight Criterium, and the Fort Eustis Circuit Race. Mainsport Event Timing and Management will calculate and post the omnium results after the protest period for each category of an individual event. At the conclusion of the Fort Eustis Circuit Race, an overall winner will be crowned for each of the eligible categories.

Omnium Eligibility

In order to compete in the Tour of Newport News Omnium, a rider must participate in at least two of the four events. It does not matter which two events. We recognize that it can be difficult for riders to travel to the event on a Friday so we have structured the rules to not disqualify anyone who cannot make it the first event of the weekend. Below is a list of the categories that are eligible for the Tour of Newport News Omnium:

- Men's Masters 35+
- Men's Masters 45+
- Men's Masters 55+
- Men's Masters 65+
- Women's Masters 35+
- Women's Cat 4/5 (Novice)
- Women's Cat 1/2/3
- Men's Cat 4/5 (Novice)
- Men's Cat 3/4
- Men's 2/3
- Men's P/1/2
- Fixed Gear Open
- Fixed Gear Women

Omnium Results

Event timing and results will be handled by Mainsport Event Timing and Management for both the individual events and the overall omnium. Results will be generated in real time as riders cross the finish line, so we expect to have results ready and available immediately after each event. The results will be posted online and they will be printed and displayed at registration for each event. The omnium standings will be calculated and uploaded to the results website 15 minutes after each category completes an event. This 15 minute period is to ensure that there are not any protests concerning the results for the prior event that would affect the overall standings. The link to view both the individual event results and the omnium standings is here:

[Tour of Newport News Results by Mainsport Event Timing](#)



Omnium Scoring

Place	Street Sprints on 23 rd St	Crawford Road Time Trial	Newport News Twilight Criterium	Fort Eustis Circuit Race
1	30	60	60	60
2	24	48	48	48
3	19	38	38	38
4	15	30	30	30
5	12	24	24	24
6	10	20	20	20
7	9	18	18	18
8	8	16	16	16
9	7	14	14	14
10	6	12	12	12
11	5	11	11	11
12	5	10	10	10
13	5	9	9	9
14	5	8	8	8
15+	5	7	7	7
DNF	2	2	2	2
DNS	1	1	1	1
DNE	0	0	0	0

Omnium Bonus Points

In addition to earning points based on finishing position, bonus points will also be available in the form of mid race primes to keep racing interesting and dynamic. The Omnium Point Primes will be on offer in the Newport News Twilight Criterium and the Fort Eustis Circuit Race for all of the categories except the Men's and Women's Cat 4/5 (Novice), the Military Cat 4/5, and the Para Categories. These points primes will take place at the midpoint of each categories race and the officials will ring the bell and make an announcement to signify that points are on offer. These bonus points will be added to a rider's total at the completion of each categories event. The Omnium Points Primes are broken down in the chart below.

Place	Criterium / Circuit Race
1	7
2	5
3	2

Omnium Point Penalties

USAC Officials have the right to issue omnium point penalties as they deem necessary. Repeated rule violations may result in omnium point penalties or disqualification depending on the severity.

Omnium Tie Breaker

In the event of a tie between two riders in the final omnium standings, the time trial result will be used as the tie breaker. Whichever rider placed higher in the Crawford Road Time Trial will be declared the winner of that category's omnium.

Omnium Best Young Rider Competition

In addition to the overall omnium competition, there is also a best young rider competition for riders who are under 23 years of age. Riders who are U23 in each category will be scored both for the overall GC, but also against other U23's. The highest placed U23 rider in each of the eligible categories can win an omnium jersey. Please see the section labeled Omnium Winners Jersey for eligibility requirements to receive a complimentary winners jersey. The following omnium categories are eligible for the best young rider competition:

- Men's Cat 4/5 (Novice)
- Men's Cat 3/4
- Men's Cat 2/3
- Men's P/1/2
- Women's Cat 4/5 (Novice)
- Women's P/1/2/3



OMNIUM WINNERS JERSEY

Tour of NN Omnium Winner Jersey Eligibility

Riders participating in the omnium categories listed in the section labeled “Omnium Eligibility” have the chance to win a complimentary Tour of Newport News winners jersey from Cutaway. To receive a free winners jersey there must be 5 or more qualifying participants in that category. This means at least 5 riders have participated in at least 2 events of the omnium. If a rider wins an omnium category or a best young rider competition and there are less than 5 qualifying participants in their category than they are eligible to purchase a winner’s jersey at a special, discounted price.

Ordering a Winners Jersey

Upon completion of the event, winners will be notified via email of the opening date for an online store on Cutaway’s website. Winners of categories that met the requirements to receive a complimentary omnium jersey will receive a discount code that covers the cost of one jersey. If a winner would like to purchase additional jerseys they can do so at their expense. Winners of categories that did not meet the requirements to receive a complimentary omnium jersey will not receive the free discount code when ordering.

2024 Omnium Jersey Design



FIXED GEAR TECHNICAL INFORMATION

Fixed Gear Technical Guide

Background

This technical guide was developed and drafted specifically to address the specific equipment requirements needed to safely race fixed gear bicycles in large-field, open street environments.

This technical guide draws upon over 15 years of international standards and traditions from standardized & well-known fixed gear criteriums from around the world. Adherence to these rules in the technical guide will allow the fixed gear field at the Tour of Newport News to be able to be run safely, standardized, and repeatable - year after year.

Track Legal Bicycle:

Frame

- Standard triple-triangle frame
- **Horizontal dropouts ONLY! NO conversion road bicycles!**
- Dual horizontal/vertical dropout style bicycles, as seen on TT bicycles, are prohibited.
- **NO** cabling of any kind is permitted on the bicycle, whether visible or invisible.
- **NO** lights or reflectors allowed.

Handlebars

- Drop handlebars only. No exceptions.
- NO bullhorns, riser bars, wide bars, etc.
- Bars must be properly taped & plugged at both ends.
- NO Brake hoods/levers, even levers without cabling routed inside.

Wheels & Drivetrain

- Fixed gear drivetrain ONLY – NO single speed freewheels!
- Lockrings are required on the rear hub for all events of the Tour of Newport News. NO exceptions.

- **Bolt on** wheels only. **Quick release** wheels prohibited.
- Rear wheel's axle **MUST** sit fully within the rear horizontal dropouts.
- **Tires** should be in good physical and visual condition, with no visible fraying, holes, or excessive wear.
- Riders in the fixed gear fields understand that both acceleration and braking of their bicycles is dictated by BOTH technique and gear condition.
- **Clipless pedals required – NO straps & platforms, NO exceptions!**
- **Wheel depth: capped at 65mm deep rims, traditional spoked wheel. NO Tri Spokes or 5 Spoke wheels**

Organizer recommendations

- Ensure all bolts & wheels are properly torqued and wrenched on the bicycle prior to all events, and after any gear changes.
- Ride reasonable gear ratios relevant to each event.
- Check shoes & cleats. Any clipless system will suffice for foot engagement & retention for the fixed gear fields. Three-bolt shoes & pedals may offer more perceptive engagement if properly set up than their two-bolt counterparts.

Officials reserve the right to deny or disqualify racers for not adhering to these technical requirements to ensure the safety of the entire fixed gear field at large, for the duration of the Tour of Newport News Omnium.

Still Have Questions?

Still have questions about the fixed gear category and the equipment requirements, please reach out to Race Director Graham Costa (teamhamptonroads@gmail.com) or Fixed Gear Technical Consultant George Qadado (undercogcycling@gmail.com) for clarification.

Friday, April 12

Street Sprints on 23rd St.

	Time	Location
Omnium Check-in Opens	4:00 PM	Coastal Fermentory
Road Closure	5:30 PM	23 rd Street
Welcome & Pre-Race Announcements	6:15 PM	Start/Finish Line on 23 rd Street
Street Sprints on 23 rd St.	6:30 PM – 9:30 PM	23 rd Street
Podiums	15 Minutes after the conclusion of each category's finals	Coastal Fermentory

Saturday, April 13 AM

Crawford Road Time Trial

TT Check-in Opens	6:45 AM	East Parking Lot of Yorktown Middle School
Pre-Race Announcements	7:45 AM	East Parking Lot of Yorktown Middle School
Crawford Road Time Trial	8:00 AM – 10:30 AM	Start/Finish Line on Crawford Rd
Podiums	2:00 PM	Newport News City Hall in Downtown NN

Saturday, April 13 PM

Newport News Twilight Criterium

Criterium Check-in/Registration Opens	11:00 AM	Newport News City Hall in Downtown NN
Road Closure	11:30 AM	25 th St., 26 th St., 27 th St., Huntington Ave, Washington Ave, West Ave
Pre-Race Announcements	12:15 AM	Start/Finish Line on 25 th Street
Kids Fun Race	12:30 PM	Criterium Course
Newport News Twilight Criterium	1:00 PM – 9:30 PM	Criterium Course
Podiums	15 Minutes after the conclusion of each race	Newport News City Hall in Downtown NN

Sunday, April 14

Fort Eustis Circuit Race

Circuit Race Check-in/Registration Opens	6:45 AM	Fort Eustis Fitness Center Parking Lot
Road Closure	7:45 AM	Monroe Ave, Victory Blvd, Taylor Ave, 24 th St., Schultz PL.
Fort Eustis Circuit Race	8:00 AM – 3:00 PM	Circuit Race Course
Podiums (Event and Final Omnium)	15 Minutes after the conclusion of each race	Fort Eustis Fitness Center Parking Lot

EVENTS

Street Sprints on 23rd St. p/b Dawkins Financial

Location: 2400 Washington Ave., Newport News, VA 23607

Event Date and Time: Friday, April 12th, 2024. 6:30PM – 9:30PM

Registration: Online registration only. Registration closes on Thursday, April 11th at noon. Day of Check-in opens at 4:00PM on Friday, April 12th. The registration table can be found adjacent to Coastal Fermentory. Bib numbers will be placed on your right side.

Parking: Ample free parking at Newport News City Hall and the parking garage on 25th St. and Huntington Ave. For more information on parking locations please see the event map.

Course: 200-meter course on 23rd St. Slightly up-hill.

Schedule: Start times will be released on Friday, April 12th by 9AM. All participants will be notified via email of the starting time of their first round of street sprints. The second and third round start times will be calculated immediately after each one of your rounds. It is best to remain near the start line if you advance to a higher round.

Event Details: An elimination style, standing start sprint on a straight, slightly uphill 200-meter course. Between 4-6 riders will line up at a time, clipped in and being held upright at the start by volunteers and race head-to-head in a drag race. Heats will be separated by category depending on how many riders register. Expect to complete up to 3 sprints depending on if you make it to the finals.

We will run 2-3 categories at a time completely through their 1st round. These same categories will then complete their 2nd round before then completing the final round. This allows riders to only need to warm up once and also, they can complete their event and return home/hotels to prepare for the TT the next day. Brackets and starting times will be sent out along with the TT start times on Friday, April 11th in the morning.

If the total field is comprised of five (5) or less riders they will compete in two rounds. The first round will be a practice round with no eliminations, the second round will be the scored round and riders will be placed based on order of finish. In larger fields 1st and 2nd place from each wave will move on to the next round. All riders that finish outside the top two will be given the same place. Once a field is down to ten (10) or fewer riders those riders' finishing 1st in their prior waves will compete against one another and those who finished 2nd will compete against one another in a consolation bracket. These final waves will be placed based in order of finish with the winner of the consolation bracket be given the place directly after the final place in the 1st place riders wave.

Event Rules: Riders are responsible for listening to all announcements of additional waves. Failure to take any start will result in a DNF with riders ceding any previous placing. Riders are advised that they must sprint in a straight line and may not impede fellow athletes doing so will result in a disqualification. All riders will be offered a hold and have the option of beginning with one foot down.

Warm Up Location: Please do not warm up on the service road in front of Coastal Fermentory and Ironclad Distillery. The best place to warm up is to do a loop of Warwick Blvd. and Huntington Ave.

Podiums: Podium ceremonies will be completed 15 minutes after the final race of each category. The podium will be located next to the registration tent adjacent to Coastal Fermentory. Prizes will be presented to riders during the podium ceremony. The current omnium leader will wear the omnium winners podium jersey for pictures and will return the jersey to the podium presenter after the ceremony concludes.

Omnium Points: Omnium points will be awarded to all participants of the Street Sprints. Please see the section labeled "Omnium Scoring" for the points distribution schedule.

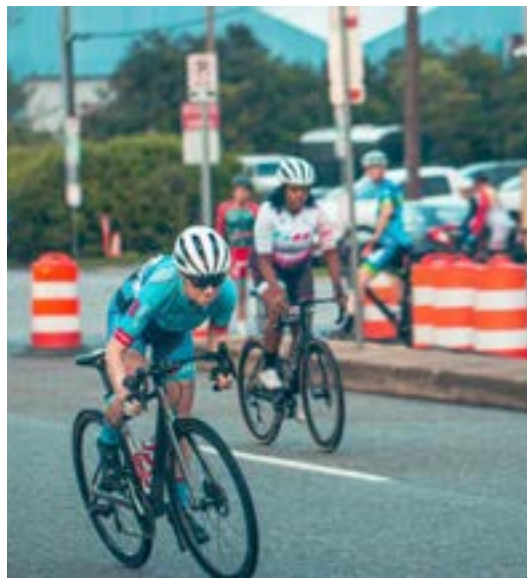
Prizes and Awards:

Category	Prizes
Men's Masters 35+	Prizes (3 Places)
Men's Masters 45+	Prizes (3 Places)
Men's Masters 55+	Prizes (3 Places)
Men's Masters 65+	Prizes (3 Places)
Women's Masters 35+	Prizes (3 Places)
Women's Cat 4/5 (Novice)	Prizes (3 Places)
Women's Pro/1/2/3	Prizes (3 Places)
Men's Cat 4/5 (Novice)	Prizes (3 Places)
Men's Cat 3/4	Prizes (3 Places)
Men's Cat 2/3	Prizes (3 Places)
Men's Pro 1/2	Prizes (3 Places)
Fixed Gear Open	Prizes (3 Places)
Fixed Gear Women	Prizes (3 Places)



EVENT MAP

FRIDAY NIGHT STREET SPRINTS MAP



Crawford Road Time Trial p/b Hylton Builders

Location: Crawford Road just past Giles Lane, Yorktown, VA. About .25 miles from the parking location

Event Date and Time: Saturday, April 13th, 2024. 8:00AM – 10:30AM

Registration: Online registration only. Registration closes on Thursday, April 11th at noon. Day of Check-in opens at 6:45AM on Saturday, April 13th. The registration table can be found in the east parking lot of Yorktown Middle School. Bib numbers will be placed on your right side.

Parking: Yorktown Middle School. 11201 George Washington Memorial Hwy., Yorktown, VA 23690. Volunteers will be directing participants to parking. When the east lot fills, vehicles will be directed to the western lot of the school. For more information on parking locations please see the event map.

Course: An out and back 5-mile course with rolling terrain. False flats are prevalent on this course. Riders will head 2.5 miles out, navigate a tight turn around, then return 2.5 miles to the finish line. The start and finish lines are in two separate locations with the finish line being approximately 100 yards in front of the start line.

Schedule: Start times will be released on Friday, April 12th by 9AM. All participants will be notified via email of their starting time. We recommend arriving to the event with enough time to check-in, get dressed, and warm-up.

Event Details: 5-mile TT, Merckx on Crawford Road. Start order will be emailed out by Friday morning, April 12th. Riders will leave at 20 second intervals. There will not be a holder, you will be starting with a foot down. The start/finish line is approximately .25 miles from the parking lot at Yorktown Middle School. Signs will direct participants to the start/finish line. Portable toilets will be located at the parking lot next to the registration tent.

Event Rules: No puppy paws/invisible aero bar position allowed. We are using mass start rules for hand positioning because of the windy nature of the course. Riders must stay to the right side of the road unless passing other riders. No drafting allowed. Once finished or while lined up to start, please do not congregate in both lanes at the start line. Finishing riders need an open lane to be able to slow down.

- **Start Times:** Riders must be present and in-line to start at least 2 minutes before their scheduled start time. Rider's times will start at their designated start time. No alternative time will be considered if a start time is missed. Late starters will not get a countdown from the official. Late starters may not interfere with riders that are starting on time and may be delayed by an official to prevent interference.
- **Start Order:** USA Cycling Officials will be calling riders to the start by number. Please memorize your number. Start times are not based on numerical order. Riders are responsible for confirming starting order and time.

Bike/Equipment Restrictions: Merckx style with road bikes only. No aerobars. Solid disc wheels and TT helmets are not allowed. Skinsuits/Speedsuits allowed. Numbers must be pinned, no clear number pockets (NopinZ) allowed.

Warm Up Locations: The loop of Goosley Rd., Old Williamsburg Rd., Water St., Ballard St., and Cook Rd., is a great route for warming up if you arrive with enough time. Please obey traffic rules when warming up. Rider behavior has an impact on the event continuing and with hundreds of riders warming up on the roads it can affect the flow of traffic. Please be mindful of local residents so that we do not receive complaints.

Podiums: Podium ceremonies will not be held at the time trial venue because of time constraints. We apologize for the inconvenience this will cause those participating in only the time trial. The TT podiums will instead be held at the Newport News Twilight Criterium. Podiums for the time trial and criterium will be held 15 minutes after the completion of each categories criterium to ensure that riders who earned a podium place are present and available for the podium presentation. Prizes will be presented to riders during the podium ceremony.

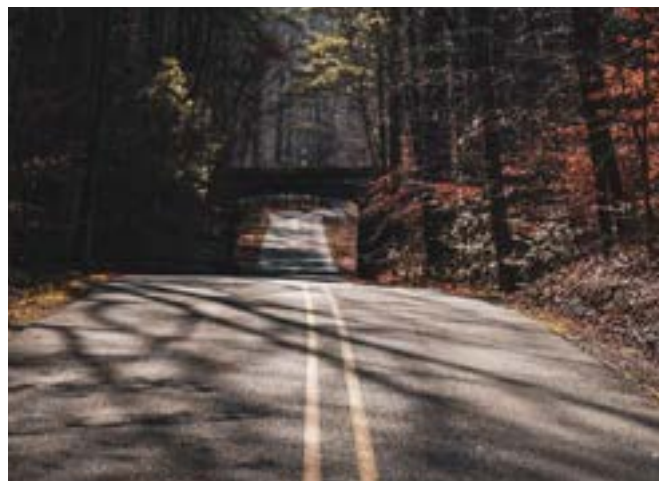
Omnium Points: Omnium points will be awarded to all participants of the time trial. Please see the section labeled “Omnium Scoring” for the points distribution schedule.

Prizes and Awards:

Category	Prizes
Men's Masters 35+	Prizes (3 Places)
Men's Masters 45+	Prizes (3 Places)
Men's Masters 55+	Prizes (3 Places)
Men's Masters 65+	Prizes (3 Places)
Women's Masters 35+	Prizes (3 Places)
Women's Cat 4/5 (Novice)	Prizes (3 Places)
Women's Pro/1/2/3	Prizes (3 Places)
Men's Cat 4/5 (Novice)	Prizes (3 Places)
Men's Cat 3/4	Prizes (3 Places)
Men's Cat 2/3	Prizes (3 Places)
Men's Pro 1/2	Prizes (3 Places)
Fixed Gear Open	Prizes (3 Places)
Fixed Gear Women	Prizes (3 Places)



EVENT MAP



Newport News Twilight Criterium p/b The City of NN and THR Cycling

Location: Downtown Newport News. 2400 Washington Ave. Newport News, VA 23607.

Event Date and Time: Saturday, April 13th, 2024. 12:30PM-9:30PM

Registration: Online Registration closes Thursday, April 11th at noon. Day-of registration is available until 30 minutes prior to your categories start time for \$45. To add a second race is just \$20. The registration table can be found on the sidewalk in front of city hall, adjacent to the start/finish line. If you plan on doing day of registration, please check that your category is not already full. There will be no day-of registration for categories that are already full during the online registration window. Bib numbers will be placed on both sides of a rider's body.

Parking: Event parking can be found in Newport News City Hall parking lot, the parking garage on the corner of Huntington Ave and 25th St., Super Block, and the parking lot adjacent to Ironclad Distillery off of 23rd St. Signs will be placed onsite directing participants and spectators to the designated parking areas. Plenty of free parking will be available so please only park in designated areas. For more information on parking locations please see the event map.

Course: A technical, but wide, 1km, figure eight course with eight turns per lap. The course features a short uphill and fast downhill on the far side of the course. The start/finish line is approximately 115 meters from the final turn. This is one of the hardest courses in the Mid-Atlantic because of its technical nature.

Schedule and Prizes:

Category	Start Time	Duration	Prizes
Kid's Fun Race	12:30 PM	15 Minutes	Prizes / All Participants
Men's Masters 35+	1:00 PM	40 Minutes	Points / \$150 (3 places)
Men's Masters 45+	1:00 PM	40 Minutes	Points / \$150 (3 places)
Men's Cat 4/5 (Novice)	1:50 PM	30 Minutes	Points / Prizes (3 Places)
Women's Cat 4/5 (Novice)	2:35 PM	30 Minutes	Points / Prizes (3 Places)
Women's Masters 35+	2:35 PM	30 Minutes	Points / \$150 (3 places)
Men's Cat 3/4	3:15 PM	40 Minutes	Points / \$250 (3 Places)
Men's Masters 55+	4:10 PM	30 Minutes	Points / \$150 (3 places)
Men's Masters 65+	4:10 PM	30 Minutes	Points / \$150 (3 places)
Men's Cat 2/3	4:50 PM	50 Minutes	Points / \$500 (5 places)
Women's Pro/1/2/3	6:00 PM	60 Minutes	Points / \$2,500 (10 places)*
Men's Pro/1/2	7:15 PM	60 Minutes	Points / \$2,500 (10 places)*
Fixed Gear Open	8:30 PM	45 Minutes	Points / \$500 (5 places)
Fixed Gear Women	8:30 PM	45 Minutes	Points / Prizes (3 Places)

Event Details: Criterium on a 1km, eight turn course in downtown Newport News. 11 time slots for the various categories offered that vary in length from 15 minutes for the Kid's Fun Race to 60 minutes for the Men's and Women's Elite fields. The event begins at 12:30 PM with a scheduled end time of 9:15 PM. Promoter reserves the right to shorten categories race durations if needed because of delays from weather or crashes. The Men's P/1/2 and Fixed Gear categories will be racing under the glow of city lights and auxiliary tower lighting.

Event Rules: All USAC mass start rules apply. For Fixed Gear rules, please see section “10. Fixed Gear Technical Information.” All riders are required to wear helmets when on their bike, failure to do so can result in disqualification. Please see the rule subcategories listed below for more information.

- **Pit/Free Laps:** In the event of a recognized mishap (flat tire, broken essential component, or crash) riders may be granted a free lap. The pit is located near the start finish line. Riders have one lap to make it to the pit and resume racing. Riders must supply their own equipment in the pit. Riders may cut the course to make it to the pit. **Free laps end when lap cards show seven (7) laps to go.**
- **Pulled/Lapped Rider Policy:** Because of the technical nature of this course the fields tend to break up quickly. If you are dropped and pose a danger to riders that are or will lap you then you will be pulled by the officials. Riders are not guaranteed a minimum number of laps and can be pulled at any time if they are out of contention. **Riders who are pulled will be placed.** Please do not argue with the officials about their decision, their jobs are hard enough. If you find yourself lapped the best thing to do is to remain out of the way of passing riders as best as possible. If you willfully disregard the official’s commands when directed to exit the course you will be disqualified from the remainder of the Tour of Newport News events.
- **Lapped Groups:** Groups of riders out of contention may be given the final lap bell early. In this instance, riders shall not cool down on course after their final sprint. They must exit the course immediately.

Start Line Call Up: Call ups will be based on the current omnium standings. The top 10 riders in each category of the omnium after the first two events will receive call ups for a better starting position. Please be prepared for your call up if you are in the top 10.

Warm Up Location: Please do not warm up in the city hall parking lot unless using rollers or a trainer. The best place to warm up is to do a loop of Warwick Blvd. and Huntington Ave.

Primes: Two primes will be on offer for all but the Men’s and Women’s Cat 4/5 (Novice). One will be an Omnium Point Prime whose distribution breaks down as follows: first place worth 7 points, second 5 points and third 2 points. The second is a cash/prize prime. The field shall be eligible for the point primes in the event the field is lapped by the leaders. Any merchandise or cash primes awarded during the race will be available for pickup at the registration tent after the 15-minute protest period is over.

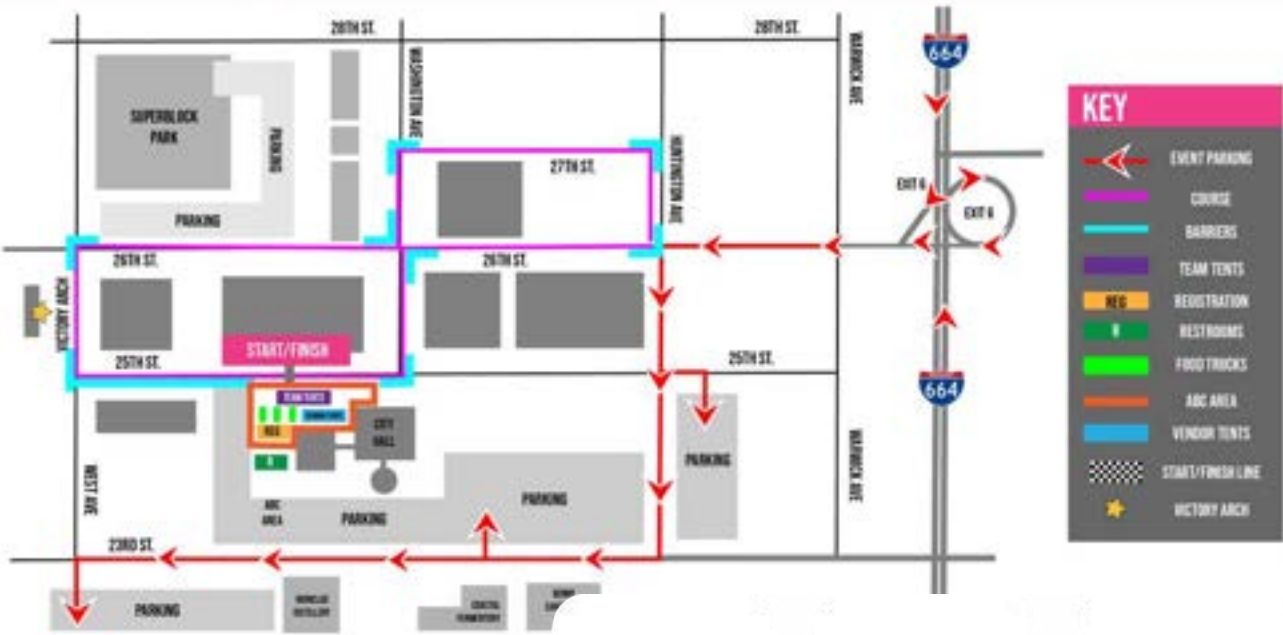
Podiums: Podium ceremonies for the Newport News Twilight Criterium will take place 15 minutes after the posting of the results for a given category. Podiums are 5 deep for pictures, but cash/prizes are 3 places to 10 places deep depending on the category. The podium is located near registration on the sidewalk in front of Newport News City Hall. A podium ceremony will be conducted for the top 5 of each criterium category, as well as the current top 5 of the Omnium. The current omnium leader will wear the omnium winners podium jersey for pictures and will return the jersey to the podium presenter after the ceremony concludes.

Omnium Points: Omnium points will be awarded to all participants of the criterium. Please see the section labeled “Omnium Scoring” for the points distribution schedule.

Cash Payouts: Full cash payouts for Men's Pro 1/2 and Women's Pro/1/2/3 fields are based on 25 pre-registered riders. If the field size is between 16-24 riders, then the max payout will decrease to \$1,500 for top 10, for fields with 15 or less riders the max payout is \$1,000 for top 5. There are no field limit restrictions on the other categories who are indicated as receiving cash payouts.

EVENT MAP

EVENT & COURSE MAP



Fort Eustis Circuit Race

Location: Joint Base Langley-Eustis, Fort Eustis, Newport News, VA 23604.

Event Date and Time: Sunday, April 14th, 2024. 8:00 AM-3:00 PM

Registration: Online registration closes 2 weeks before on Sunday March, 31st at Midnight. There is day-of registration for riders who already have access to Fort Eustis. Day-of registration is available until 30 minutes prior to your categories start time for \$45. To add a second race is just \$20. The registration table can be found in the grass between the parking lot and course. If you plan on doing day of registration, please check that your category is not already full. There will be no day-of registration for categories that are already full during the online registration window. Bib numbers will be placed on both sides of a rider's body.

Parking: Event parking is at the Anderson Field House. [643 Dickman St. Fort Eustis, VA 23604](#). For more information on parking locations please see the event map.

Course: The course is a flat and fast 5 km loop with five 90 degree turns. The entire road will be blocked for the event so no need to worry about the centerline rule. The finish has a long straight drag leading to it.

Schedule and Prizes:

Category	Start Time	Distance	Prizes
Men's Masters 35+	8:00 AM	24 Miles	Points / Prizes (3 Places)
Men's Masters 45+	8:00 AM	24 Miles	Points / Prizes (3 Places)
Men's Masters 55+	8:02 AM	21 Miles	Points / Prizes (3 Places)
Men's Masters 65+	8:02 AM	21 Miles	Points / Prizes (3 Places)
Women's Cat 4/5 (Novice)	9:00 AM	15 Miles	Points / Prizes (3 Places)
Women's Masters 35+	9:00 AM	15 Miles	Points / Prizes (3 Places)
Para – Open & Physical Disability	9:02 AM	12 Miles	Prizes (3 Places)
Para – Handcycle, Recumbent, Kneeler	9:04 AM	12 Miles	Prizes (3 Places)
Men's Cat 4/5 (Novice)	10:00 AM	15 Miles	Points / Prizes (3 Places)
Active Duty and retired Military Cat 4/5	10:04 AM	15 Miles	Prizes (3 Places)
Men's Cat 2/3	10:45 AM	27 Miles	Points / Prizes (3 Places)
Fixed Gear Open	12:00 PM	24 Miles	Points / Prizes (3 Places)
Fixed Gear Women	12:00 PM	24 Miles	Points / Prizes (3 Places)
Women's Pro/1/2/3	12:04 PM	30 Miles	Points / \$500 (5 places)
Men's Pro/1/2	1:30 PM	40 Miles	Points / \$500 (5 places)
Men's Cat 3/4	1:32 PM	24 Miles	Points / Prizes (3 Places)

Event Details: Circuit race on a 5km course on Fort Eustis, an active-duty military base. There will be multiple waves that will stagger start for each time block. All participants and spectators have to undergo a background check or must already have access to military facilities by possessing a Common Access Card (CAC). Please see sub-section below labeled "Base Access" for full information on the

process. This is the final event of the Tour of Newport News where the omnium winners will be crowned. Portable toilets can be found next to the registration table in addition to permanent restroom facilities opening at 8AM in the Fort Eustis Fitness Center.

Event Rules: All USAC mass start rules apply. Run under USA Cycling road race rules. Center-line rule **NOT** in affect, you have the full road. For Fixed Gear rules, please see section “10. Fixed Gear Technical Information.” All riders are required to wear helmets when on their bike while racing or not, failure to do so can result in disqualification. Riders are not allowed to loiter in the motor pool area. The motor pool is the fenced in area with stored military vehicles. Riders may only ride straight through that area while racing or warming up. Remember you are on an active-duty military base, no drugs or alcohol allowed, no inappropriate behavior that could put the events future in jeopardy. We are guests of the base and we must follow their rules.

- **No Pit/Free Lap:** The circuit race is run under USA Cycling road race rules. There will be no free laps for a mechanical or flat tire. There is no pit to report to if you have a mechanical.
- **Wheel Truck:** At least one wheel truck will be available for each time block. Participants are required to have their own wheels in the wheel truck to take a replacement. Wheels must be designated for an individual or team. **This is not a neutral service wheel truck.**
- **Dropped Riders:** Because of the multiple waves on course at the same time, there will inevitably be instances where a dropped rider is overtaken by another field. **Dropped riders are not allowed to reintegrate and draft with other fields.** Dropped riders must stay to the right and let other categories approaching from behind pass them completely.

Start Line Call Up: Call ups will be based on the current omnium standings. The top 10 riders in each category of the omnium after the first three events will receive call ups for a better starting position. Please be prepared for your call up if you are in the top 10.

Warm Up Location: Participants may warm up in the Fort Eustis Fitness Center parking lot and on Victory Blvd. Please do not “explore” the base to warm up. Participants and spectators must remain near the course while on base. Participants may warm up on course between races, but be aware that the time between races is short. If warming up between races please pay attention to what is behind you.

Primes: Two primes will be on offer for all but the Men’s and Women’s Cat 4/5 (Novice), the Para Categories, and the Active Duty and Retired Military Cat 4/5. One will be an Omnium Point Prime whose distribution breaks down as follows: first place worth 7 points, second 5 points and third 2 points. The second is a cash/prize prime. Any merchandise or cash primes awarded during the race will be available for pickup at the registration tent after the 15 minute protest period is over.

Podiums: Podium ceremonies for the Fort Eustis Circuit Race will take place 15 minutes after the posting of the results for a given category. Podiums are 5 deep for pictures, but cash/prizes are 3 places to 5 places deep depending on the category. The podium is located near the registration table in the grass. The final omnium podium ceremony will be completed immediately after the circuit race podium. The final omnium winner will wear the winners podium jersey for pictures and will return the jersey to the podium presenter after the ceremony concludes.

Omnium Points: Omnium points will be awarded to all participants of the circuit race. Please see the section labeled “Omnium Scoring” for the points distribution schedule.

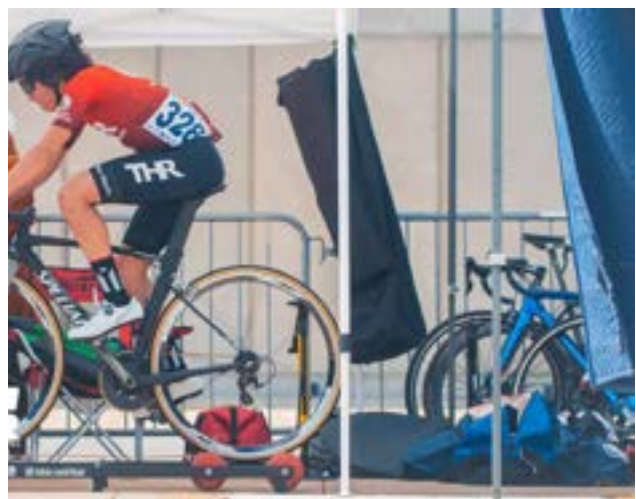
Base Access: All riders must register online before registration closes to be eligible to race the Fort Eustis Circuit Race. The event is on an active military base so access has to be approved for everyone. Only those who have been through the background check process or who already possess a DoD issued Common Access Card (CAC) may enter the base. Please do not just show up and try to drive on. Currently the "Trusted Traveler" program is suspended, so CAC holders may not escort on non-CAC holding individual. All riders registering for either the omnium or the Fort Eustis Circuit Race must enter:

Name (Last, First MI), Date of Birth, Country of Birth, Driver's License Number, and state drivers license was issued in.

We need this information so that the pass office can conduct a background check to approve you for entrance to the facility. This information is gathered during the check-out process. **Family members, friends, and any other spectator also need to supply this information.** If approved for access you will be able to check in with the guards at the gate, show them your identification, and be quickly granted access to the base on race day. Participants who are under 18 years old that do not have a driver's license or other form of state or federally issued ID can be escorted on by an adult who has submitted their information for a background check. Please see the files on the registration page for the information that is required for the background check. **If you are a Foreign National (Not a US Citizen) , in addition to the above information we also need a photo of your passport. Please ensure that your passport is current. The pass office does not accept passports that expire before the event date. Please email the passport photo to teamhamptonroads@gmail.com.**



EVENT MAP



EVENT PAYOUT DISTRIBUTION AND IRS REPORTING INFORMATION

Omnium

Place	Men's P/1/2/3	Women's P/1/2/3	Men's Cat 2/3	Men's Cat 3/4	Men's Masters 35+	Men's Masters 45+	Men's Masters 55+	Women's Masters 35+
1	\$370	\$370	\$200	\$100	\$90	\$90	\$90	\$90
2	\$240	\$240	\$125	\$75	\$65	\$65	\$65	\$65
3	\$180	\$180	\$80	\$55	\$45	\$45	\$45	\$45
4	\$120	\$120	\$55	\$40	-	-	-	-
5	\$90	\$90	\$40	\$30	-	-	-	-
Total	\$1,000	\$1,000	\$500	\$300	\$200	\$200	\$200	\$200

Newport News Twilight Criterium

Place	Men's P/1/2/3	Women's P/1/2/3	Men's Cat 2/3	Fixed Gear Open	Men's Cat 3/4	Men's Masters 35+	Men's Masters 45+	Men's Masters 55+	Men's Masters 65+	Women's Masters 35+
Primes	\$100	\$100	\$50	\$50	\$20	\$20	\$20	\$20	\$20	\$20
1	\$800	\$800	\$200	\$200	\$125	\$80	\$80	\$80	\$80	\$80
2	\$500	\$500	\$130	\$130	\$75	\$45	\$45	\$45	\$45	\$45
3	\$350	\$350	\$90	\$90	\$50	\$25	\$25	\$25	\$25	\$25
4	\$250	\$250	\$50	\$50	-	-	-	-	-	-
5	\$175	\$175	\$30	\$30	-	-	-	-	-	-
6	\$125	\$125	-	-	-	-	-	-	-	-
7	\$90	\$90	-	-	-	-	-	-	-	-
8	\$80	\$80	-	-	-	-	-	-	-	-
9	\$70	\$70	-	-	-	-	-	-	-	-
10	\$60	\$60	-	-	-	-	-	-	-	-
Total	\$2,600	\$2,600	\$550	\$550	\$270	\$170	\$170	\$170	\$170	\$170

Fort Eustis Circuit Race

Place	Men's P/1/2/3	Women's P/1/2/3	Men's Cat 2/3	Fixed Gear Open	Men's Cat 3/4	Men's Masters 35+	Men's Masters 45+	Men's Masters 55+	Men's Masters 65+	Women's Masters 35+
Primes	\$100	\$100	\$50	\$50	\$20	\$20	\$20	\$20	\$20	\$20
1	\$200	\$200	-	-	-	-	-	-	-	-
2	\$130	\$130	-	-	-	-	-	-	-	-
3	\$90	\$90	-	-	-	-	-	-	-	-
4	\$50	\$50	-	-	-	-	-	-	-	-
5	\$30	\$30	-	-	-	-	-	-	-	-
Total	\$600	\$600	\$50	\$50	\$20	\$20	\$20	\$20	\$20	\$20

HOST HOTELS AND POINTS OF INTEREST

Host Hotels

1. Name: Red Roof Inn Newport News – Yorktown
Address: 4531 George Washington Memorial Hwy, Yorktown, VA 23692

Rate: \$94.00 + tax per night

Phone Number: (757) 887-3000

Booking Link:

<https://www.redroof.com/property/va/newport-news/RR11371>

2. Name: Comfort Inn Newport News/Williamsburg East

Address: 16890 Warwick Blvd, Newport News, VA 23603

Rate: \$98.00 + tax per night

Phone Number: (757) 847-9187

Booking Link: [Rates & Available Rooms - Comfort Inn Newport News/Williamsburg East \(choicehotels.com\)](#)

3. Name: Comfort Inn Newport News – Hampton

Address: 12330 Jefferson Avenue, Newport News, VA 23602

Rate: \$114.00 + tax per night

Phone Number: (757) 781-1119

Booking Link: [Rates & Available Rooms - Comfort Inn Newport News - Hampton I-64 \(choicehotels.com\)](#)

4. Name: Residence Inn by Marriott Newport News Airport

Address: 531 St John's Rd, Newport News, VA 23602

Rate: \$169.00 + tax per night

Phone Number: (757) 842-6214

Booking Link: [Book Your Group/Corporate Rate | Marriott International](#)

Local Hospitals/Urgent Care

5. Name: Riverside Regional Medical Center
Address: 500 J Clyde Morris Blvd, Newport News, VA 23601

Distance: From Criterium and Street Sprints (7.2 miles, 15 minutes)

6. Name: Mary Immaculate Hospital

Address: 2 Bernadine Dr, Newport News, VA 23608

Distance: From Time Trial (7.7 miles, 12 minutes), from Circuit Race (6.3 miles, 13 minutes)

7. Name: M.D. Express Urgent Care – Newport News

Address: 12997 Warwick Blvd, Newport News, VA 23602

Distance: From Criterium and Street Sprints (11 miles, 20 minutes), from Time Trial (11 miles, 21 minutes), from Circuit Race (9.2 miles, 15 minutes)

Restaurants and Breweries

8. Name: Coastal Fermentory and BLZN Tacos

Address: 206 23rd St, Unit B, Newport News, VA 23607

Type: Brewery and Taco Truck

Website: [Coastal Fermentory -- Newport News](#)

9. Name: Benny Cantiere's

Address: 212 23rd St, Unit 200, Newport News, VA 23607

Type: Restaurant (Giant Pizza by the slice or whole pie.)

Website: [Benny Cantiere's | Benny's \(bennysva.com\)](#)

10. Name: Gastro at 23rd

Address: 208 23rd St, Newport News, VA 23607

Type: Restaurant (American / Burgers)

HOST HOTELS AND POINTS OF INTEREST

11. **Name:** Kismet Bistro
Address: 99 Main St, Newport News, VA 23601
Type: Restaurant (American Bistro / Casual Dining)
Website: [Kismet \(kismetbistro.com\)](http://Kismet.kismetbistro.com)

12. **Name:** Indulge Bakery and Bistro
Address: 10359 Warwick Blvd, Newport News, VA 23601
Type: Restaurant (European Style Bakery and Bistro)
Website: [Indulge Bakery and Bistro](http://IndulgeBakeryandBistro.com)

13. **Name:** The Hilton Creamery
Address: 10349 Warwick Blvd, Newport News, VA 23601
Type: Ice Cream
Website: [Welcome to the Hilton Creamery, Newport News, Virginia](http://Welcome.to.the.Hilton.Creamery.NewportNews.Virginia)

14. **Name:** Si Señor Mexican Restaurant
Address: 10608 Warwick Blvd, Newport News, VA 23601
Type: Restaurant (Mexican)

15. **Name:** Crab Shack on the James
Address: 7601 River Rd, Newport News, VA 23607
Type: Restaurant (Seafood)
Website: [Crab Shack on the James River | Water Front Dining with Unimaginable Sunsets \(crabshackonjames.com\)](http://CrabShackontheJamesRiver.WaterFrontDiningwithUnimaginableSunsets.crabshackonjames.com)

16. **Name:** Smoke BBQ Restaurant and Bar
Address: 10900 Warwick Blvd, Newport News, VA 23601
Type: Restaurant (BBQ / American)
Website: [Smoke Bbq | Smoke - Bbq Restaurant & Bar | Newport News \(smokenn.com\)](http://SmokeBbq.Smoke-BbqRestaurant&Bar.NewportNews.smokenn.com)

17. **Name:** Harpoon Larry's
Address: 621 J Clyde Morris Blvd, Newport News, VA 23601
Type: Restaurant (Seafood)
Website: [Harpoon Larrys | Fresh Seafood and Oyster Bar](http://HarpoonLarrys.FreshSeafoodandOysterBar)

18. **Name:** Aux Delices
Address: 129 Herman Melville Ave, Newport News, VA 23606
Type: Restaurant (French Crepes & Ice Cream)
Website: [Home | Aux Délices \(auxdelicescrepesncreams.com\)](http://Home.AuxDelices.auxdelicescrepesncreams.com)

19. **Name:** Schooners Grill
Address: 12567 Warwick Blvd, Newport News, VA 23606
Type: Restaurant (American)
Website: [Newport News Home \(schoonersgrill.com\)](http://NewportNewsHome.schoonersgrill.com)

Bike Shops
20. **Name:** Village Bicycles
Address: 9913 Warwick Blvd, Newport News, VA 23601
Hours: 10AM-6PM
Website: [Village Bicycles \(villagebicyclesnewportnews.com\)](http://VillageBicycles.villagebicyclesnewportnews.com)

21. **Name:** Trek Bicycle – Newport News
Address: 12551 Jefferson Ave, Unit 165, Newport News, VA 23602
Hours: 10AM-6PM
Website: [Trek Bicycle Newport News | Trek Bicycle Newport News \(trekbikes.com\)](http://TrekBicycleNewportNews.trebikes.com)



Newport News Attractions

Exit #	Map #	(from Newport News Visitor Center)
258A	1	Cozy's Comedy Club
264/6	2	Downing-Gross Cultural Arts Center/Ella Fitzgerald Theater
258A	3	Ferguson Center of Arts/ Christopher Newport University/ Mary M. Torggler Fine Arts Center
247	4	Historic Endview
264/6	5	James A. Fields House
247	6	Lee Hall Mansion
247	7	Lee Hall Train Depot
258A	8	The Mariners' Museum & Park/The Noland Trail
264/3	9	The Newsome House Museum & Cultural Center
258A	10	Peninsula Community Theatre
258A	11	Peninsula SPCA & Barnyard
250A	12	US Army Transportation Museum
258A	13	Virginia Living Museum
258A	14	Virginia War Museum
255A	15	Warwick Court House & Warwick County Historical Society

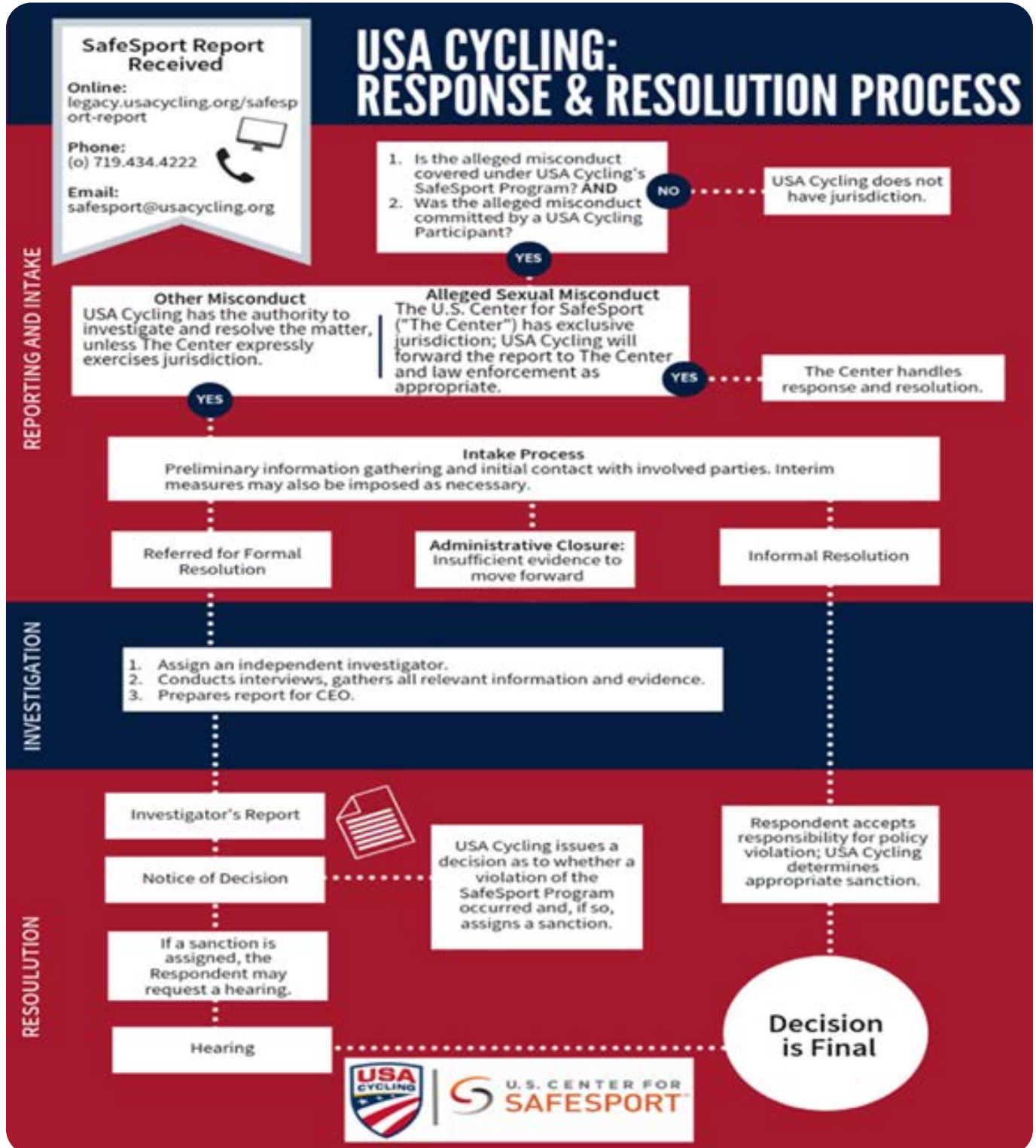
Newport News Parks/Shopping/Recreation/Spirits

Exit #	Map #	(from Newport News Visitor Center)
256A	16	1700 Brewing
258A	17	City Center Retail & Fountain Park/Newport News Tourism/LOVE NN Sign
264/6	18	Coastal Fermentory/The Yard District
258A	19	Cinemark City Center 12
258A	20	Deer Park & Boundless Playground
255B	21	Harwood's Mill Fishing Area (Rentals Memorial Day-Oct Weekends & Holidays)
258A	22	Historic Hilton Village
258A	23	Huntington Beach/Fort Fun/James River Fishing Pier/Rose Garden
264/6	24	Ironclad Distillery/The Yard District
255B	25	Jefferson Commons Retail Area
255B	26	Kiln Creek Golf Club & Resort
264/6	27	King-Lincoln Park
256A	28	Marketplace at Tech Center
264/6	29	Monitor-Merrimac Overlook/Anderson Park/Peterson Yacht Basin
250B	30	Newport News Visitor Center/Newport News Park/LOVE Sign
250B	31	Newport News Campsite Office
250B	32	Newport News Golf Club at Deer Run
255A	33	Patrick Henry Mall & Shopping District
258A	34	Port Warwick
255B	35	Regal Kiln Creek
256A	36	Riverview Farm Park/Fido Field Dog Park
258A	37	Tradition Brewing Company
264/6	38	Victory Arch/Victory Landing Park

Neighboring Points of Interest

Exit #	Map #	(from Newport News Visitor Center)
247	39	American Revolution Museum at Yorktown
243A	40	Busch Gardens Williamsburg
268	41	Casemate Museum/Fort Monroe Visitor & Education Center
238	42	Colonial Williamsburg Visitor Center
263	43	Hampton Convention Center/Hampton Coliseum
242A	44	Jamestown National Park
242A	45	Jamestown Settlement
267	46	Virginia Air & Space Science Center/Hampton Carousel
242B	47	Water Country USA
234A	48	Williamsburg Premium Outlets
247	49	Yorktown National Park & Battlefield

SAFESPORT RESOURCES





HOW TO REPORT ABUSE OR MISCONDUCT INCLUDING MAAPP VIOLATIONS



ALWAYS REPORT SEXUAL MISCONDUCT AND ABUSE (INCLUDING CHILD SEXUAL ABUSE) AND RETALIATION TO THE U.S. CENTER FOR SAFESPORT¹

CALL

833-5US-SAFE (587-7233)

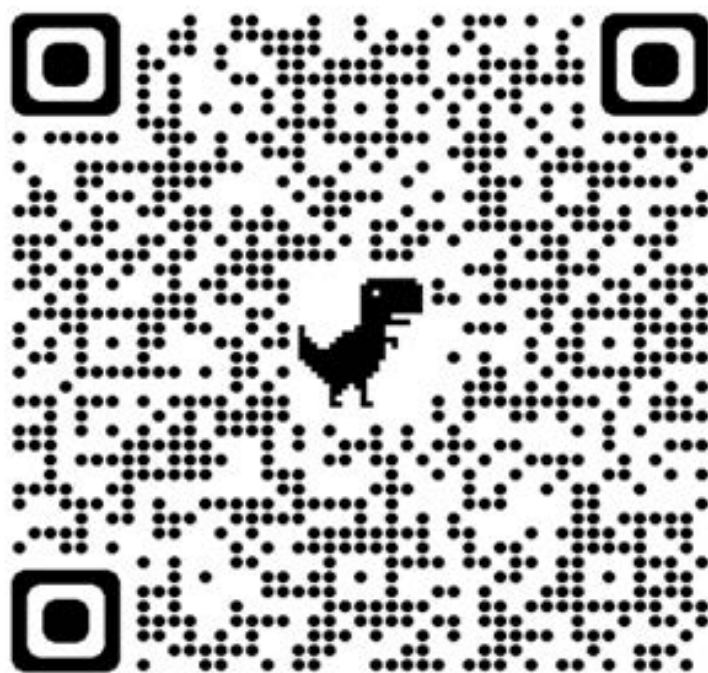
REPORT ONLINE

USCENTERFORSAFESPORT.ORG/REPORT-A-CONCERN

Information about, or reasonable suspicion of, child abuse, including child sexual abuse, must be immediately reported to law enforcement and the U.S. Center for SafeSport, and individuals must comply with any other applicable state or federal laws.

USA Cycling's Minor Athlete Abuse Prevention Policy (MAAPP) are in effect at this event.

Learn more about MAAPP using the QR Code





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